PHYS 7895: Gaussian Quantum Information<br>Lecture 9<br>Lecturer: Mark M. Wilde<br>Scribe: Vishal Katariya

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## 1 Overview

In the previous lecture, we defined and studied faithful Gaussian states as thermal states of quadratic Hamiltonians.

In this lecture, we continue the analysis of faithful states as thermal states of quadratic Hamiltonians, and via the Williamson Theorem, we show and prove the form of a general Gaussian state.

## 2 Recap

In the previous lecture, we defined a faithful Gaussian state to be a thermal state

$$
\begin{equation*}
\frac{e^{-\hat{H}}}{\operatorname{Tr}\left[e^{-\hat{H}}\right]} \tag{1}
\end{equation*}
$$

of a quadratic Hamiltonian

$$
\begin{equation*}
\hat{H}=\frac{1}{2}(\hat{r}-\bar{r})^{T} H(\hat{r}-\bar{r}) \tag{2}
\end{equation*}
$$

where $\bar{r} \in \mathbb{R}^{2 n}$ and $H$ is a $2 n \times 2 n$ positive definite real matrix.
We showed how to build up a faithful Gaussian state with Hamiltonian matrix

$$
\begin{align*}
H^{\prime} & =S^{T} H S,  \tag{3}\\
H & =\bigoplus_{j=1}^{n} \lambda_{j}\left(\begin{array}{ll}
1 & 0 \\
0 & 1
\end{array}\right) \tag{4}
\end{align*}
$$

with $\lambda_{j}>0 \forall j \in\{1, \ldots, n\}, S$ symplectic, and Hamiltonian operator

$$
\begin{align*}
\hat{H}^{\prime} & =\frac{1}{2}(\hat{r}-\bar{r})^{T} S^{T} H S(\hat{r}-\bar{r})  \tag{5}\\
& =\frac{1}{2}(\hat{r}-\bar{r})^{T} H^{\prime}(\hat{r}-\bar{r}) . \tag{6}
\end{align*}
$$

This yields a quantum Gaussian state with the following density operator:

$$
\begin{equation*}
\rho_{G}=\frac{e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} H^{\prime}(\hat{r}-\bar{r})}}{\sqrt{\operatorname{Det}\left(\frac{\sigma^{\prime}+i \Omega}{2}\right)}} \tag{7}
\end{equation*}
$$

where the mean vector of $\rho_{G}$ is $\bar{r}$ and the covariance matrix is

$$
\sigma^{\prime}=S^{-1} \sigma S^{-T} \quad \text { with } \quad \sigma=\bigoplus_{j=1}^{n} \operatorname{coth}\left(\frac{\lambda_{j}}{2}\right)\left(\begin{array}{ll}
1 & 0  \tag{8}\\
0 & 1
\end{array}\right) .
$$

Also, we noted that $\rho_{G}$ can be written as

$$
\begin{equation*}
\rho_{G}=\frac{\hat{D}_{-\bar{r}} \hat{S} e^{-\frac{1}{2} \hat{r}^{T} H^{\prime} \hat{r}} \hat{S}^{\dagger} \hat{D}_{\bar{r}}}{\sqrt{\operatorname{Det}\left(\frac{\sigma^{\prime}+i \Omega}{2}\right)}} \tag{9}
\end{equation*}
$$

where $S=e^{\frac{i}{2} \hat{r}^{T}\left(\Omega^{T} \ln S\right) \hat{r}}$ and $\hat{D}_{\bar{r}}=\exp \left(i \bar{r}^{T} \Omega \hat{r}\right) 1^{1}$
Since $H$ is diagonal,

$$
\begin{equation*}
\frac{e^{-\frac{1}{2} \hat{r}^{T} H \hat{r}}}{\sqrt{\operatorname{Det}\left(\frac{\sigma^{\prime}+i \Omega}{2}\right)}}=\bigotimes_{j=1}^{n} \frac{e^{-\lambda_{j}\left(\hat{n}+\frac{1}{2}\right)}}{z\left(\lambda_{j}\right)} \tag{10}
\end{equation*}
$$

with $z\left(\lambda_{j}\right)=\left[e^{\lambda_{j} / 2}-e^{-\lambda_{j} / 2}\right]^{-1}$.
Note that $\frac{e^{-\lambda\left(\hat{n}+\frac{1}{2}\right)}}{z(\lambda)}$ is typically called the bosonic thermal state, and has mean photon number $\langle\hat{n}\rangle=\frac{1}{2}\left\langle\hat{x}^{2}+\hat{p}^{2}-1\right\rangle=\operatorname{coth}\left(\frac{\lambda}{2}\right)-\frac{1}{2}$.

## 3 Form of a general Gaussian state

Now we will prove, perhaps surprisingly, that the state given in (7) is the most general form that a faithful Gaussian state can take.

Theorem 1. A Gaussian state given in the form

$$
\begin{equation*}
\rho_{G}=\frac{e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} H^{\prime}(\hat{r}-\bar{r})}}{\sqrt{\operatorname{Det}\left(\frac{\sigma^{\prime}+i \Omega}{2}\right)}}, \tag{11}
\end{equation*}
$$

with $H^{\prime}$ as in (3), is the most general form for any faithful Gaussian state.
Proof. Suppose that the faithful Gaussian state is given by

$$
\begin{equation*}
\rho_{G}=\frac{e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} H(\hat{r}-\bar{r})}}{\operatorname{Tr}\left[e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} H(\hat{r}-\bar{r})}\right]} \tag{12}
\end{equation*}
$$

where $\bar{r} \in \mathbb{R}^{2 n}$ and $H$ is a $2 n \times 2 n$ real positive definite matrix.
Then, by the Williamson Theorem given below, there exists symplectic $S$ such that

$$
\begin{equation*}
H=S^{T} H_{\mathrm{diag}} S \tag{13}
\end{equation*}
$$

[^0]where $H_{\text {diag }}=\bigoplus_{j=1}^{n} \lambda_{j}\left(\begin{array}{ll}1 & 0 \\ 0 & 1\end{array}\right)$ for $\lambda_{j}>0 \quad \forall j \in\{1, \ldots, n\}$ so that we can write $\rho_{G}$ as

$$
\begin{equation*}
\frac{e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} S^{T} H_{\text {diag }} S(\hat{r}-\bar{r})}}{\operatorname{Tr}\left[e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} S^{T} H_{\text {diag }} S(\hat{r}-\bar{r})}\right]} \tag{14}
\end{equation*}
$$

Then by manipulations we have already conducted, there exists a unitary $\hat{S}$ (generated by a quadratic Hamiltonian) and a displacement operator $\hat{D}_{\bar{r}}=\exp \left(i \bar{r}^{T} \Omega \hat{r}\right)$ such that $\rho_{G}$ is given as

$$
\begin{equation*}
\propto \hat{D}_{-\bar{r}} \hat{S} e^{-\frac{1}{2} \hat{r}^{T} H^{\prime} \hat{r}} \hat{S}^{\dagger} \hat{D}_{\bar{r}} \tag{15}
\end{equation*}
$$

and the normalization is given by

$$
\begin{equation*}
\sqrt{\operatorname{Det}\left(\frac{\sigma^{\prime}+i \Omega}{2}\right)} \tag{16}
\end{equation*}
$$

with $\sigma^{\prime}$ defined in (8).

### 3.1 Williamson Theorem

Theorem 2 (Williamson). Given a $2 n \times 2 n$ positive definite real matrix $M$, there exists a symplectic transformation $S$ such that

$$
\begin{equation*}
S M S^{T}=D \tag{17}
\end{equation*}
$$

with

$$
D=\bigoplus_{j=1}^{n} d_{j}\left(\begin{array}{ll}
1 & 0  \tag{18}\\
0 & 1
\end{array}\right)
$$

and $d_{j}>0 \forall j \in\{1, \ldots, n\}$. The set $\left\{d_{j}\right\}_{j=1}^{n}$ is the set of symplectic eigenvalues of $M$.
Before proving the Williamson Theorem, we recall a standard lemma about the decomposition of real antisymmetric matrices.

Lemma 3. Let $A$ be a real, full-rank, antisymmetric $2 n \times 2 n$ matrix (i.e., $A=-A^{T}$ ). Then there exists a real orthogonal $2 n \times 2 n$ matrix $O$ such that

$$
\begin{equation*}
O A O^{T}=\bigoplus_{j=1}^{n} c_{j} \Omega_{1} \tag{19}
\end{equation*}
$$

where $\Omega_{1}=\left(\begin{array}{cc}0 & 1 \\ -1 & 0\end{array}\right)$ and $c_{j}>0$.
Proof. Since $A$ is antisymmetric and full rank, it follows that the matrix $A^{2}$ is symmetric and negative definite because

$$
\begin{equation*}
A^{2}=A A=-A^{T} A<0 \tag{20}
\end{equation*}
$$

since $A^{T} A$ is positive definite for any full rank $A$. Thus there exists an orthogonal transformation $O^{\prime}$ such that $O^{\prime} A^{2} O^{T}=B$ with $B$ diagonal and having strictly negative entries.
Let $|\psi\rangle$ be some eigenvector of $A^{2}$ with eigenvalue $b_{1}<0$.

Then

$$
\begin{equation*}
\| A|\psi\rangle \|^{2}=\langle\psi| A^{T} A|\psi\rangle=-\langle\psi| A^{2}|\psi\rangle=-b_{1}=\left|b_{1}\right| \tag{21}
\end{equation*}
$$

So $\left|\psi^{\prime}\right\rangle=\frac{A|\psi\rangle}{\sqrt{\left|b_{1}\right|}}$ is normalized and orthogonal to $|\psi\rangle$ because

$$
\begin{align*}
\left\langle\psi \mid \psi^{\prime}\right\rangle & =\frac{\langle\psi \mid A \psi\rangle}{\sqrt{\left|b_{1}\right|}}=\frac{(\langle\psi \mid A \psi\rangle)^{T}}{\sqrt{\left|b_{1}\right|}}  \tag{22}\\
& =\frac{\left\langle\psi \mid A^{T} \psi\right\rangle}{\sqrt{\left|b_{1}\right|}}=-\frac{\langle\psi \mid A \psi\rangle}{\sqrt{\left|b_{1}\right|}}=0 \tag{23}
\end{align*}
$$

In the above, we showed that $\left\langle\psi \mid \psi^{\prime}\right\rangle=-\left\langle\psi \mid \psi^{\prime}\right\rangle$ and thus $\left\langle\psi \mid \psi^{\prime}\right\rangle=0$.
Suppose now that $|\phi\rangle$ is in the subspace orthogonal to $\operatorname{span}\left\{|\psi\rangle,\left|\psi^{\prime}\right\rangle\right\}$. This implies that

$$
\begin{align*}
\langle\phi \mid A \psi\rangle & =\left\langle\phi \mid \psi^{\prime}\right\rangle \sqrt{\left|b_{1}\right|}=0  \tag{24}\\
\left\langle\phi \mid A \psi^{\prime}\right\rangle & =\frac{\left\langle\phi \mid A^{2} \psi\right\rangle}{\sqrt{\left|b_{1}\right|}}=\frac{\langle\phi \mid \psi\rangle b_{1}}{\sqrt{\left|b_{1}\right|}}  \tag{25}\\
& =-\langle\phi \mid \psi\rangle \sqrt{\left|b_{1}\right|}  \tag{26}\\
& =0 \tag{27}
\end{align*}
$$

Furthermore, due to the antisymmetry of $A,\langle\psi \mid A \psi\rangle=0=\left\langle\psi^{\prime} \mid A \psi^{\prime}\right\rangle$.
Also,

$$
\begin{align*}
& \left\langle\psi \mid A \psi^{\prime}\right\rangle=\frac{\left\langle\psi \mid A^{2} \psi\right\rangle}{\sqrt{\left|b_{1}\right|}}=\frac{b_{1}\langle\psi \mid \psi\rangle}{\sqrt{\left|b_{1}\right|}}=-\sqrt{\left|b_{1}\right|}  \tag{28}\\
& \left\langle\psi^{\prime} \mid A \psi\right\rangle=\sqrt{\left|b_{1}\right|} \tag{29}
\end{align*}
$$

where the second statement above is due to the antisymmetry of $A$.
Now define the orthogonal matrix $O_{1}$ as

$$
O_{1}=\left[\begin{array}{lllll}
\left|\psi^{\prime}\right\rangle & |\psi\rangle & \left|v_{1}\right\rangle & \ldots & \left|v_{2 n-2}\right\rangle \tag{30}
\end{array}\right]
$$

where $\left|v_{1}\right\rangle, \ldots,\left|v_{2 n-2}\right\rangle$ is a set of orthonormal vectors orthogonal to $\left|\psi^{\prime}\right\rangle$ and $|\psi\rangle$.
Putting everything above together, we conclude that

$$
O_{1}^{T} A O_{1}=\left(\begin{array}{cc}
\sqrt{\left|b_{1}\right|} \Omega_{1} & 0  \tag{31}\\
0 & A^{\prime}
\end{array}\right)
$$

and we see that this step gives the first step of the decomposition, after setting $c_{1}=\sqrt{\left|b_{1}\right|}$. The matrix $A^{\prime}$ is antisymmetric, and so this procedure can be repeated exhaustively to complete the decomposition.

## Proof. Proof of Williamson Theorem

Consider the matrix $M^{-\frac{1}{2}} \Omega M^{-\frac{1}{2}}$. It is real and $2 n \times 2 n$.

Due to the symmetry of $M$ and antisymmetry of $\Omega$, it follows that $M^{-\frac{1}{2}} \Omega M^{-\frac{1}{2}}$ is antisymmetric. Additionally, since both $M$ and $\Omega$ are full rank, $M^{-\frac{1}{2}} \Omega M^{-\frac{1}{2}}$ is also full rank.
Thus by invoking Lemma 3 above, there exists a real orthogonal transform $O$ such that

$$
\begin{equation*}
O M^{-\frac{1}{2}} \Omega M^{-\frac{1}{2}} O^{T}=\bigoplus_{j=1}^{n} d_{j}^{-1} \Omega_{1} \quad \text { with } \quad d_{j}>0 \tag{32}
\end{equation*}
$$

Define $\underline{D}=\left[\begin{array}{lll}d_{1} & & \\ & \ddots & \\ & & d_{n}\end{array}\right]$, an $n \times n$ matrix, and set $D=\underline{D} \otimes I_{2}$.
Then we have $\bigoplus_{j=1}^{n} \frac{1}{d_{j}} \Omega_{1}=\underline{D}^{-1} \otimes \Omega_{1}$. Using this expression, we find that

$$
\begin{align*}
& D^{\frac{1}{2}}\left[\bigoplus_{j=1}^{n} \frac{1}{d_{j}} \Omega_{1}\right] D^{\frac{1}{2}}=\left(\underline{D}^{\frac{1}{2}} \otimes I_{2}\right)\left(\underline{D}^{-1} \otimes \Omega_{1}\right)\left(\underline{D}^{\frac{1}{2}} \otimes I_{2}\right)  \tag{33}\\
&=I_{n} \otimes \Omega_{1}=\Omega  \tag{34}\\
& \Longrightarrow D^{\frac{1}{2}} O M^{-\frac{1}{2}} \Omega M^{-\frac{1}{2}} O^{T} D^{\frac{1}{2}}=\Omega \tag{35}
\end{align*}
$$

Now set

$$
\begin{equation*}
S \equiv D^{\frac{1}{2}} O M^{-\frac{1}{2}} \tag{36}
\end{equation*}
$$

and we conclude from (35) that $S \Omega S^{T}=\Omega$, so that $S$ is symplectic.
Also,

$$
\begin{align*}
S M S^{T} & =\left(D^{\frac{1}{2}} O M^{-\frac{1}{2}}\right) M\left(D^{\frac{1}{2}} O M^{-\frac{1}{2}}\right)^{T}  \tag{37}\\
& =D^{\frac{1}{2}} O M^{-\frac{1}{2}} M M^{-\frac{1}{2}} O^{T} D^{\frac{1}{2}}  \tag{38}\\
& =D^{\frac{1}{2}} O O^{T} D^{\frac{1}{2}}  \tag{39}\\
& =D^{\frac{1}{2}} D^{\frac{1}{2}}  \tag{40}\\
& =D . \tag{41}
\end{align*}
$$

The statement of the Williamson Theorem is that for a positive definite and real $2 n \times 2 n$ matrix $M$, there exists a $2 n \times 2 n$ symplectic matrix $S$ such that $S M S^{T}=D$. We have proved by construction of $S$ that such a transform exists. Thus, we have completed the proof of the Williamson Theorem.

We can now apply the Williamson Theorem to the Hamiltonian matrix for a faithful Gaussian state.

We recall the form of a Gaussian state

$$
\begin{align*}
\frac{e^{-\hat{H}}}{\operatorname{Tr}\left[e^{-\hat{H}}\right]} & =\frac{e^{-\frac{1}{2}(\hat{r}-\bar{r})^{T} H(\hat{r}-\bar{r})}}{\operatorname{Tr}\left[e^{-\hat{H}}\right]}  \tag{42}\\
& =\frac{\hat{D}_{-\bar{r}} e^{-\frac{1}{2} \hat{r}^{T} H \hat{r}} \hat{D}_{\bar{r}}}{\operatorname{Tr}\left[e^{-\frac{1}{2} \hat{r}^{T} H \hat{r}}\right]} . \tag{43}
\end{align*}
$$

We use the symplectic diagonalization of $H$ as $H=S_{H}^{T}\left(\Lambda \otimes I_{2}\right) S_{H}$ where $\Lambda=\left[\begin{array}{lll}\lambda_{1} & & \\ & \ddots & \\ & & \lambda_{j}\end{array}\right]$, and $S_{H}$ is the transposed inverse of the symplectic transformation that puts $H$ in symplectic normal form.

Then

$$
\begin{align*}
\frac{1}{2} \hat{r}^{T} H \hat{r} & =\frac{1}{2} \hat{r}^{T} S_{H}^{T}\left(\Lambda \otimes I_{2}\right) S_{H} \hat{r}  \tag{44}\\
& =\frac{1}{2}\left(S_{H} \hat{r}\right)^{T}\left(\Lambda \otimes I_{2}\right) S_{H} \hat{r} \tag{45}
\end{align*}
$$

We can then think of $S_{H}$ as a coordinate transformation and can define a new set of quadrature operators as $\hat{r}^{\prime}=S_{H} \hat{r}$. This is possible since $\left[\hat{r}^{\prime}, \hat{r}^{\prime T}\right]=i \Omega$.

Then the Hamiltonian

$$
\begin{equation*}
\frac{1}{2} \hat{r}^{T} H \hat{r}=\frac{1}{2} \hat{r}^{\prime T}\left(\Lambda \otimes I_{2}\right) \hat{r}^{\prime} \tag{46}
\end{equation*}
$$

is diagonal with respect to this new notation.
Now consider that

$$
\begin{align*}
\frac{1}{2} \hat{r}^{\prime T}\left(\Lambda \otimes I_{2}\right) \hat{r}^{\prime} & =\frac{1}{2} \sum_{j k} \hat{r}_{j}^{\prime}\left(\Lambda \otimes I_{2}\right)_{j k} \hat{r}_{k}^{\prime}  \tag{47}\\
& =\frac{1}{2} \sum_{j} \lambda_{j}\left[\hat{x}_{j}^{\prime 2}+\hat{p}_{j}^{\prime 2}\right] \tag{48}
\end{align*}
$$

## 4 Symplectic decomposition of a positive definite matrix

Given a positive definite $M$, how can one compute its symplectic matrix $S$ and its symplectic eigenvalues?

To do the task described above, one need only perform the usual eigendecomposition of the matrix $i \Omega M$. Why does this work? By the Williamson Theorem, it follows that

$$
\begin{equation*}
M=S D S^{T} \tag{49}
\end{equation*}
$$

for $S$ symplectic, and where $D=\bigoplus_{j=1}^{n} d_{j}\left(\begin{array}{ll}1 & 0 \\ 0 & 1\end{array}\right)$ is the diagonal matrix of symplectic eigenvalues of $M$.

Then consider that

$$
\begin{align*}
i \Omega M & =i \Omega S D S^{T}  \tag{50}\\
& =i \Omega S\left(\underline{D} \otimes I_{2}\right) S^{T} \tag{51}
\end{align*}
$$

where $\underline{D}=\left[\begin{array}{lll}d_{1} & & \\ & \ddots & \\ & & d_{n}\end{array}\right]$.

Since $S \Omega S^{T}=\Omega$ (due to $S$ being symplectic), we have the following:

$$
\begin{align*}
& S \Omega S^{T} \Omega=\Omega^{2}=-I  \tag{52}\\
\Longrightarrow & S \Omega S^{T} \Omega S=-S  \tag{53}\\
\Longrightarrow & S^{-1} S \Omega S^{T} \Omega S=-S^{-1} S=-I  \tag{54}\\
\Longrightarrow & \Omega S^{T} \Omega S=-I  \tag{55}\\
\Longrightarrow & \Omega^{T} \Omega S^{T} \Omega S=-\Omega^{T}  \tag{56}\\
\Longrightarrow & S^{T} \Omega S=\Omega  \tag{57}\\
\Longrightarrow & \Omega S=S^{-T} \Omega \tag{58}
\end{align*}
$$

Then we find that

$$
\begin{align*}
i \Omega S\left(\underline{D} \otimes I_{2}\right) S^{T} & =i S^{-T} \Omega\left(\underline{D} \otimes I_{2}\right) S^{T}  \tag{59}\\
& =i S^{-T}\left(I_{n} \otimes \Omega_{1}\right)\left(\underline{D} \otimes I_{2}\right) S^{T}  \tag{60}\\
& =S^{-T}\left(\underline{D} \otimes i \Omega_{1}\right) S^{T}  \tag{61}\\
& =S^{-T}\left(\underline{D} \otimes-\sigma_{Y}\right) S^{T} . \tag{62}
\end{align*}
$$

The last equality follows from the observation that $i \Omega_{1}=\left(\begin{array}{cc}0 & i \\ -i & 0\end{array}\right)=-\sigma_{Y}$, where $\sigma_{Y}$ is the usual Pauli matrix.
Also note that $-\sigma_{Y}=U\left(-\sigma_{Z}\right) U^{\dagger}$ with $U=\frac{1}{\sqrt{2}}\left(\begin{array}{cc}1 & 1 \\ i & -i\end{array}\right)$. Continuing our previous series of calculations with this observation, we have

$$
\begin{align*}
i \Omega S\left(\underline{D} \otimes I_{2}\right) S^{T} & =S^{-T}\left(\underline{D} \otimes-\sigma_{Y}\right) S^{T}  \tag{63}\\
& =S^{-T}\left(\underline{D} \otimes U\left(-\sigma_{Z}\right) U^{\dagger}\right) S^{T}  \tag{64}\\
& =S^{-T}\left(I_{n} \otimes U\right)\left(\underline{D} \otimes-\sigma_{Z}\right)\left(I_{n} \otimes U^{\dagger}\right) S^{T} \tag{65}
\end{align*}
$$

In the above, let us take $B=S^{-T}\left(I_{n} \otimes U\right)$ and thus $B^{-1}=\left(I_{n} \otimes U^{\dagger}\right) S^{T}$.
Also, consider that

$$
\underline{D} \otimes-\sigma_{Z}=\left[\begin{array}{llllll}
-d_{1} & & & & &  \tag{66}\\
& d_{1} & & & & \\
& & -d_{2} & & & \\
& & & d_{2} & & \\
\\
& & & & \ddots & \\
\\
& & & & & -d_{n} \\
\\
& & & & & d_{n}
\end{array}\right]
$$

Now it is apparent that the above calculations made amount to a diagonalization. Thus we have shown that the usual diagonalization of $i \Omega M$ gives eigenvalues $\left\{-d_{1}, d_{2},-d_{2}, d_{2}, \ldots,-d_{n}, d_{n}\right\}$, which contains the symplectic eigenvalues of $M$.
Lastly, the eigenvector matrix is $S^{-T}\left(I_{n} \otimes U\right)$.

## 5 Relation between Hamiltonian matrix and covariance matrix

What is the relationship between the Hamiltonian matrix $H$ and the covariance matrix $\sigma$ for a general Gaussian state?

Lemma 4. For a general Gaussian state, the Hamiltonian matrix and covariance matrix are related to each other by

$$
\begin{align*}
\sigma & =\operatorname{coth}\left(\frac{i \Omega H}{2}\right) i \Omega,  \tag{67}\\
H & =2 \operatorname{arcoth}(i \Omega \sigma) i \Omega \tag{68}
\end{align*}
$$

which can be seen as a generalization of what was found for the diagonal case.
Proof. Start with positive definite matrix $H$. The symplectic diagonalization is

$$
H=S^{T} \bigoplus_{j=1}^{n} \lambda_{j}\left(\begin{array}{ll}
1 & 0  \tag{69}\\
0 & 1
\end{array}\right) S=S^{T} D S
$$

An earlier argument established that the covariance matrix is

$$
\begin{align*}
\sigma & =S^{-1} \bigoplus_{j=1}^{n} \operatorname{coth}\left(\frac{\lambda_{j}}{2}\right)\left(\begin{array}{ll}
1 & 0 \\
0 & 1
\end{array}\right) S^{-T}  \tag{70}\\
& =S^{-1} \operatorname{coth}\left(\frac{D}{2}\right) S^{-T} \tag{71}
\end{align*}
$$

Then consider that, from previous reasoning,

$$
\begin{align*}
& \frac{1}{2} i \Omega H=\frac{1}{2} S^{-1}\left(I_{n} \otimes U\right)\left(\underline{D} \otimes-\sigma_{Z}\right)\left(I_{n} \otimes U^{\dagger}\right) S  \tag{72}\\
\Longrightarrow & \operatorname{coth}\left(\frac{i \Omega H}{2}\right)  \tag{73}\\
& =S^{-1}\left(I_{n} \otimes U\right)\left[\operatorname { c o t h } \left(\frac{D}{2} \otimes-\sigma_{Z}\right.\right.  \tag{74}\\
& =S^{-1}\left(I_{n} \otimes U\right)\left[\left(I_{n} \otimes U^{\dagger}\right) S\right.  \tag{75}\\
& =S^{-1}\left[\operatorname{coth}\left(\frac{\underline{D}}{2}\right) \otimes-\sigma_{Z}\right]\left(I_{n} \otimes U^{\dagger}\right) S  \tag{76}\\
& =S^{-1}\left[\operatorname{coth}\left(\frac{D}{2}\right) \otimes-\sigma_{Y}\right] S  \tag{77}\\
& =S^{-1}\left[\operatorname{coth}\left(\frac{D}{2}\right) \otimes i \Omega_{1}\right] S  \tag{78}\\
& =S^{-1} \operatorname{coth}\left(\frac{D}{2}\right) i \Omega S  \tag{79}\\
& \left.=S^{-1} \operatorname{coth}\left(\frac{D}{2}\right) I_{n} \otimes i \Omega_{1}\right] S  \tag{80}\\
& =\sigma i \Omega . \tag{81}
\end{align*}
$$

In the above chain of steps, the first equality is due to the functional calculus of matrices. The second equality is due to the coth function being odd. By simplifying and using properties of $\Omega$, one can simplify towards the end. Summarizing the above, we have shown that

$$
\begin{equation*}
\operatorname{coth}\left(\frac{i \Omega H}{2}\right)=\sigma i \Omega \tag{82}
\end{equation*}
$$

which implies that

$$
\begin{equation*}
\operatorname{coth}\left(\frac{i \Omega H}{2}\right) i \Omega=\sigma i \Omega(i \Omega)=\sigma . \tag{83}
\end{equation*}
$$

And thus we are done.
A similar proof can be constructed to yield the reverse result, i.e.

$$
\begin{equation*}
H=2 \operatorname{arcoth}(i \Omega \sigma) i \Omega \tag{84}
\end{equation*}
$$

concluding the proof.


[^0]:    ${ }^{1}$ Note that for some $S$, we may need two quadratic evolutions, not one.

